Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: 01/01/2020 – 12/31/2020 Anthem Blue Cross: Coverage for: Individual + Family | Plan Type: PPO

California Association of Highway Patrolmen (CAHP): Basic Plan



of coverage, <u>www.anthem.com/ca/calpers</u> For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call **1-800-759-5758** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible?</u>	No.	You will have to meet the <u>deductible</u> before the <u>plan</u> pays for any services.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	 \$3,000/member or \$6,000/family for In-<u>Network Providers</u>. \$0/member or \$0/family for Out- of-<u>Network Providers</u>. This plan has a separate <u>Out of Pocket</u> Maximum for <u>Prescription Drugs</u> \$5,200/member or \$10,400/family 	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Prescription Drugs, Premiums, Balance-Billing charges, and Health Care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes, Prudent Buyer PPO. See www.anthem.com/ca/calpers or call 1-800-759-5758 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an out-of- <u>network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	ı Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a	Primary care visit to treat an injury or illness	\$20/visit	40% coinsurance	none	
health care provider's office	<u>Specialist</u> visit	\$20/visit	40% <u>coinsurance</u>	none	
or clinic	Preventive care/screening/ immunization	No charge	40% coinsurance	none	
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	40% coinsurance	none	
	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
If you need drugs to treat your	Generic drugs	\$5/30 day supply \$10/90 day supply	100% up-front cost; paper claim may be submitted to request partial reimbursement	After the second prescription drug fill at a retail pharmacy, the Member is responsible for a \$10 co-payment.	
illness or condition More information about <u>prescription</u> <u>drug coverage</u> is	Preferred Brand drugs	\$20/30 day supply \$40/90 day supply	100% up-front cost; paper claim may be submitted to request partial reimbursement	After the second prescription drug fill at a retail pharmacy, the Member is responsible for a \$40 co-payment.	
available at https://www.Optu mrx.com	Non-Preferred Brand drugs	\$50/ day supply \$100/ day supply In addition to the copay amount, you will pay the difference in cost between the Brand Name Drug and its Generic equivalent.	100% up-front cost; paper claim may be submitted to request partial reimbursement	After the second prescription drug fill for Non-Proffered Brand Drugs at a retail pharmacy, the Member is responsible for a \$100 co-payment, <u>plus</u> the difference in cost between the Brand Name Drug and its Generic equivalent.	
	Specialty drugs	Specialty follows the tier structure above	100% up-front cost; paper claim may be submitted to request partial reimbursement	Additional information regarding the Specialty Pharmacy Service can be obtained by calling 1-800-803-2523 or accessing Express Scripts online at <u>www.express-scripts.com</u> .	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u>	40% <u>coinsurance</u>	\$350 maximum/benefit period for Out-of- <u>Network Providers</u> .	
ourpatient surgery	Physician/surgeon fees	10% <u>coinsurance</u>	40% coinsurance	none	

* For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need	Emergency room care	\$50/visit then 10% <u>coinsurance</u>	Covered as In- <u>Network</u>	none	
immediate medical attention	Emergency medical transportation	20% coinsurance	Covered as In- <u>Network</u>	none	
	Urgent care	\$20/visit	40% <u>coinsurance</u>	none	
If you have a	Facility fee (e.g., hospital room)	10% <u>coinsurance</u>	Any amount over \$540 per admission	none	
hospital stay	Physician/surgeon fees	10% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
If you need mental health, behavioral health, or substance	Outpatient services	Office Visit 10% <u>coinsurance</u> Other Outpatient 10% <u>coinsurance</u>	Office Visit 40% <u>coinsurance</u> Other Outpatient 40% <u>coinsurance</u>	none	
abuse services	Inpatient services	10% coinsurance	Any amount over \$540 per admission	none	
	Office visits	10% <u>coinsurance</u>	40% coinsurance		
If you are	Childbirth/delivery professional services	10% coinsurance	40% coinsurance	Maternity care may include tests and services described elsewhere in the	
pregnant	Childbirth/delivery facility services	10% coinsurance	Any amount over \$540 per admission	SBC (i.e. ultrasound.)	
	Home health care	10% <u>coinsurance</u>	40% <u>coinsurance</u>	90 visits/benefit period.	
If you need help	Rehabilitation services	10% <u>coinsurance</u>	40% coinsurance	*See Therapy Services section in	
recovering or have	Habilitation services	10% <u>coinsurance</u>	40% <u>coinsurance</u>	evidence of coverage.	
other special health needs	Skilled nursing care	10% <u>coinsurance</u>	40% coinsurance	100 days limit/confinement.	
	Durable medical equipment	10% <u>coinsurance</u>	40% <u>coinsurance</u>	none	
	Hospice services	No charge	No charge	none	
If your child	Children's eye exam	Not covered	Not covered	none	
needs dental or	Children's glasses	Not covered	Not covered	none	
eye care	Children's dental check-up	Not covered	Not covered	none	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u> .)			
Cosmetic surgery	• Dental care (adult)	Infertility treatment	
• Long- term care	Private-duty nursing	• Routine eye care (adult)	
 Routine foot care unless you have been diagnosed with diabetes. Other Covered Services (Limitations may appear) 	 Weight loss programs ly to these services. This isn't a complete list. 	Plasse see your plan do gument)	
Abortion	 Acupuncture 20 visits/benefit period. 	Bariatric surgery	
• Chiropractic care 20 visits/benefit period.	Hearing aids	 Most coverage provided outside the United States <u>www.bcbs.com/bluecardworldwide</u> 	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Anthem Blue Cross (in writing within 60 days of notice of denial) P.O. Box 60007 Los Angeles, CA 90060-0007 Attn: CAHP Unit

If Anthem Blue Cross affirms the denial the following steps apply:

STEP 2: Special Review Procedures for Denial of Experimental of Investigational Treatment STEP 3: Independent External Review

STEP 4: Administrative Appeal Process STEP 5: Binding Arbitration (or Small Claims Court)

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.———



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> <u>sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

\$0

\$15

10%

10%

Peg is Having a Baby (9 months of in-network pre-natal care an hospital delivery)	ıd a
■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$15
Hospital (facility) <u>coinsurance</u>	10%
Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,840	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$0	
<u>Copayments</u>	\$ 70	
<u>Coinsurance</u>	\$1,242	
What isn't covered		
Limits or exclusions	\$ 60	
The total Peg would pay is	\$1,372	

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)

- The <u>plan's</u> overall <u>deductible</u>
 <u>Specialist</u> <u>copayment</u>
 Hospital (facility) <u>coinsurance</u>
- Other <u>coinsurance</u>

This EXAMPLE event includes services like:

Primary care physicianoffice visits (includingdisease education)Diagnostic tests(blood work)Prescription drugsDurable medical equipment(glucose meter)

Total Example Cost\$7,460

In this example, Joe would pay:

<u>Cost Sharing</u>		
Deductibles	\$0	
<u>Copayments</u>	\$3,020	
Coinsurance	\$13	
What isn't covered		
Limits or exclusions	\$21	
The total Joe would pay is	\$3,054	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist <u>copayment</u>	\$15
Hospital (facility) <u>coinsurance</u>	10%
Other <i>coinsurance</i>	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,010	
In this example, Mia would pay:		
<u>Cost Sharing</u>		
Deductibles	\$0	
<u>Copayments</u>	\$45	
Coinsurance	\$222	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$267	

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (877) 737-7776

Amharic (አማርኛ)፦ ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (877) 737-7776 ይደውሉ።

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 7776-737 (877).

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (877) 737-7776։

Bassa (Băsóð Wùdù): M dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m ké gbo-kpá-kpá kè bỗ kpõ dé m bídí-wùdùǔn bó pídyi. Bé m ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (877) 737-7776.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, ভাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (877) 737-7776 –তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖုန် (877) 737-7776 သို့ ခေါ်ဆိုပါ။

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (877) 737-7776。

Dinka (Dinka): Na noŋ thiëëc në ke de yä thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gɛɛr yic yin ne thoŋ du ke cin wëu tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (877) 737-7776.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (877) 737-7776.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره 737-737 (877) تماس بگیرید.

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (877) 737-7776.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (877) 737-7776.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (877) 737-7776.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (877) 737-7776.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें (877) 737-7776 ।

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (877) 737-7776.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, į nwere ikike inweta enyemaka na ozi n'asụsụ gi na akwughi ụgwo o bụla. Ka gi na okowa okwu kwuo okwu, kpoo (877) 737-7776.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (877) 737-7776.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (877) 737-7776.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (877) 737-7776

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(877) 737-7776 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ (877) 737-7776 ។

Kirundi (Kirundi): Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (877) 737-7776.

Korean (한국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 무료 도움 및 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면 (877) 737-7776 로 문의하십시오.

Lao (ພາສາລາວ): ຖ້າທ່ານມີຄຳຖາມໃດໆກ່ຽວກັບເອກະສານນີ້, ທ່ານມີສິດໄດ້ຮັບຄວາມຊ່ວຍເຫຼືອ ແລະ ຂໍ້ມູນເປັນພາສາຂອງທ່ານໂດຍບໍ່ເສຍຄ່າ. ເພື່ອໂອ້ລົມກັບລ່າມແປພາສາ, ໃຫ້ໂທຫາ (877) 737-7776.

Navajo (Diné): Díí naaltsoos biká'ígií łahgo bína'ídíłkidgo ná bohónéedzá dóó bee ahóót'i' t'áá ni nizaad k'ehji bee nił hodoonih t'áadoo bááh ilínígóó. Ata' halne'ígií ła' bich'i' hadeesdzih nínízingo koji' hodíilnih (877) 737-7776.

Nepali (नेपाली): यदि यो कागजातबारे तपाईँसँग केही प्रश्नहरू छन् भने, आफ्नै भाषामा निःशुल्क सहयोग तथा जानकारी प्राप्त गर्न पाउने हक तपाईँसँग छ। दोभाषेसँग कुरा गर्नका लागि, यहाँ कल गर्नुहोस् (877) 737-7776

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